**Bachelor of Education in Special Education- Visual Impairment (B.Ed. SE-VI)**

**(Semester: IV)**

**Course code: B-10 D**

**Title of the Course:** COMMUNITY BASED REHABILITATION

## Credits: 02

**MM: 50 (External: 35 Internal: 15)**

**Contact Week 15**

**Introduction of the Course**

CBR is a goal-oriented, individual need based, cost effective and result-oriented strategy of providing time bound and appropriate services within the community, with its active participation, involvement and with fullest use of its resources. CBR strategy aims at confidence building of the community, bringing out efficiency of individual and promoting active participation, involvement and integration of the individual in community life. It seeks community participation at the planning, execution, management and monitoring of CBR programme. It ensures community’s support to protection of human rights, equal participation, equity, social justice, equal participation and complete development of the individual.

**Learning Outcomes**

After completion of the course student will be able to:

* Explain the concept, principles and scope of community based rehabilitation.
* Learn the strategies for promoting public participation in CBR.
* Apply suitable methods for preparing persons with disability for rehabilitation within  
  the community.
* Provide need-based training to persons with disabilities.
* Develop an understanding of the role of government and global agencies in CBR*.*

**Unit I: Introduction to Community Based Rehabilitation (CBR) (10 hours)**

1. Concept and Definition of CBR
2. Principles of CBR
3. Difference between CBR and Institutional Living
4. Socio-cultural and Economic Contexts of CBR
5. Scope and Inclusion of CBR in Government Policies and Programs

**Unit 2: Preparing Community for CBR (10 hours)**

1. Awareness Program-Types and Methods
2. Advocacy - Citizen and Self
3. Focus Group Discussion
4. Family Counselling and Family Support Groups
5. CBR and Corporate Social Responsibility

**Unit 3: Preparing Persons with Disability for CBR (10 hours)**

1. School Education: Person Centred Planning, and Peer Group Support
2. Transition: Individual Transition Plan, Development of Self Determination and Self  
   Management Skills
3. Community Related Vocational Training
4. Skill Training for Living within Community
5. Community Based Employment and Higher Education

**Practicum/ Suggested Projects / Assignments (Any Two)**

|  |
| --- |
| **Practicum/ Field Engagement**  I. Visit an ongoing CBR program and write a report on its efficacy II. Organize a community awareness program  III. Conduct a focus group discussion on a selected disability issue with school/college students |

**Note:** Besides lecture method the topics in this course may be transacted through discussion on selected case studies, classroom seminar/debates.

**Essential/ Recommended Readings**

**Sample**

* Loveday, M. (2006). *The HELP Guide for Community Based Rehabilitation Workers:*A Training Manual. Global-HELP Publications, California.
* McConkey, R. and O'Tool, B (Eds). *Innovations in Developing Countries for People  
  with Disabilities,* P.H. Brookes, Baltimore.
* Neufelt, A. and Albright, A (1998). *Disability and Self-Directed Employment:  
  Business Development Model.* Campus Press Inc. York University.
* Peat, M. (1997). *Community Based Rehabilitation,* W.B. Saunders Company.
* *Scheme of Assistance to Disabled for Purposes of Fitting of Aids/Appliances,* —  
  Ministry of Social Welfare, Govt. of India, New Delhi.
* *Scheme of Assistance to Organizations for Disabled Persons,* Ministry of Social  
  Welfare, Govt. of India, New Delhi.
* WHO .(1982). *Community Based Rehabilitation* — *Report of a WHO International  
  Consultation,* Colombo, Sri Lanka, 28 June- 3 July. WHO (RHB/IR/82.1)
* WHO .(1984). "Rehabilitation For AIl" in World Health Magazine, WHO, Geneva.

**Keywords: Community Based Rehabilitation, FGD, Advocacy**